Rosemere Walk the Lights 2026 Q&A

📍 **Where do I register and when does the walk start?**
Register at Bispham (next to the tram station) between 6.00pm–7.30pm. The 5-mile walk usually takes 1.5–3 hours.

👕 **How will I receive my Rosemere T-shirt that I paid for?**
T-shirts will be posted where possible. Orders placed within 10 days of the walk should be collected at registration. Please provide your full postal address and consider ordering a larger size if wearing over a jacket. T-shirts are £8.00 each

🏁 **What happens at the finish line?**
Celebrate at Sharples Hall (Starr Gate) with refreshments, a raffle and a certificate for all finishers.

🚋 **Is transport provided?**
Transport isn't provided. Most walkers park at either the start or finish and use the tram for the return journey. Free on-street parking is available near both Bispham and Sharples Hall (Starr Gate).

👪 **Can children and dogs take part?**
Children under 16 must be accompanied by an adult and under 5s walk free. Dogs are welcome on leads.

⛑️ **Will there be first aid?**
Qualified first aiders will be on the route. Emergency contact details are provided at registration.

🌧️ **What happens if the weather is bad?**
If severe weather affects the event, check Rosemere's website and social media for updates.

📞 **Who can I contact on the day?**
Before 4pm: 01772 522913 After 4pm: Sue Swire 07887 803788

💙 **Why does fundraising matter?**
Your ticket fee covers event costs, but it's your fundraising that helps us changes lives. Setting up a JustGiving page or asking for sponsorship is hugely valuable.
The walk is roughly 5 miles – if you ask friends and family to sponsor you £1 per mile, that's £5 each. With 10 sponsors, you raise £50! Every pound helps Rosemere fund vital projects and support for cancer patients.

You can download a sponsor form from our website or contact us on rosemere@lthtr.nhs.uk on how to set up a JustGiving Page.

Thank you for your support - we will see you at the lights

rosemere
CANCER FOUNDATION